

## SchoolFood's Mission Statement

SchoolFood is committed to promoting healthy food choices among our students and maintaining high nutritional standards while offering delicious, healthy, and satisfying menu choices.

- **Nutritional Standards**—Our standards always meet, and many times exceed, USDA guidelines. We have reduced the sodium, fat, and cholesterol in our menu items, and are eliminating high fructose corn syrup. SchoolFood prohibits the use of trans fats, artificial flavors, colors, sweeteners, palm oil, BHA, BHT, and MSG. We are also increasing the grams of dietary fiber in our offerings.
- **Food Safety**—SchoolFood staff are trained in the Hazard Analysis Critical Control Points (HACCP); the most current preventive approach to food safety.
- **Customer Service**—The school schedule is supported with on-time, reliable breakfast and lunch service.
- **Open Communication**— SchoolFood invites your questions or suggestions; we guarantee our team of professionals will meet your needs.
- **SchoolFood Partnership**— SchoolFood Managers, Principals, Parent Coordinators, other school staff, parents, and students collaborate to enhance the dining experience.



## SchoolFood Restaurants



SchoolFood's Executive Chef works closely with manufacturers to develop products that meet SchoolFood's high nutritional and culinary standards. A wide array of food products allow us to customize citywide menus for each school grade level.

SchoolFood's team of culinary Chef's provide the school kitchen staffs with professional expertise and training. Expanding the use of proper cooking procedures and food presentation techniques supports SchoolFood's goal of fostering healthy eating habits among New York City students.

Custom designed marketing programs transform SchoolFood Cafeterias to SchoolFood Restaurants. Breakfast and lunch promotional events feature monthly themes that are age-specific and highlight great menu creations driven by student preferences, current trends, and cultural diversity. The programs are fun and offer students great food, friendly service, and enjoyable eating.

## Help Your Children Succeed

### SAY YES TO DELICIOUS AND HEALTHY SCHOOL MEALS

#### School Meals Application

Many students are eligible for free or reduced-price meals. A completed School Meals Application enables eligible students to eat lunch for free or for 25¢. Students who are not income-eligible and do not return an application will pay \$1.50 for lunch. Saving money for you and your family is always a smart idea. Be sure to complete an application.

#### Breakfast

Children who eat a healthy breakfast pay more attention in school, improving their capacity to learn throughout the school day. They also have better standardized test scores, and lower rates of tardiness and absenteeism. To encourage students to take advantage of these benefits, breakfast in school is free for all New York City students.

#### Summer Meals: Free breakfast and lunch

Breakfast and lunch service continues beyond the scheduled instructional school year. Free breakfast and lunch meals are available to all New York City children 18 years of age and under throughout the summer. Our Summer Meals Program is available at hundreds of public schools, community pool centers, City parks, New York City Housing Authority complexes, and other locations around the City. No registration, documentation, or ID are required. In fact, children don't have to be enrolled in public school to enjoy a delicious free breakfast or lunch.

## SchoolFood Serves Nutritious and Delicious Meals Daily

All breakfast and lunch meals:

- Limit calories following United States Department of Agriculture guidelines;
- Meet or exceed the children's Recommended Dietary Allowances for protein, iron, calcium, and vitamins A and C; and
- Adhere to the Dietary Guidelines for Americans on sodium and cholesterol by limiting fat content to less than 30% of total calories and saturated fat to less than 10% of total calories.

Over the last four years, SchoolFood has made many healthy changes to our breakfast, lunch, and snack programs including:

- Promoting the consumption of lowfat milk; we no longer serve whole milk except for programs with special needs;
- Serving only whole grain bread and rolls;
- Increasing the daily offerings of fresh fruit and vegetables;
- Adding salad bars in high schools throughout the City;
- Eliminating trans fats; and
- Partnering with multiple agencies to improve the eating habits, health, and academic performance of New York City children while strengthening the New York State agricultural economy through the procurement of local and regional produce. This SchoolFood Plus partnership with the New York State Department of Agriculture and Markets allows us to work with local farmers to increase awareness and consumption of locally grown fruits, vegetables, and dairy products.

The students are our customers and we are here to serve them every day.



In an effort to combat the spread of childhood obesity and the serious diseases associated with it, such as diabetes, our Nutrition Coordinator develops and reinforces nutritional standards and policies. Establishing relationships and coordinating efforts with nationally recognized health associations, local community groups, and governmental agencies allows SchoolFood to support the Department of Education (DOE) Wellness Policy.

The DOE Wellness Policy seeks to promote the health and well being of New York City students. To review or print the entire policy, please visit:

<http://schools.nyc.gov/Offices/Health/GenProgServ/Wellness.htm>

### SchoolFood invites your questions...

#### SchoolFood Regional Director Contact Information

Manhattan: (917) 339-1744 [sobrien@schools.nyc.gov](mailto:sobrien@schools.nyc.gov)

Bronx: (718) 741-8815 [lmizrahi@schools.nyc.gov](mailto:lmizrahi@schools.nyc.gov)

Brooklyn I: (718) 935-3411 [mfigueroa@schools.nyc.gov](mailto:mfigueroa@schools.nyc.gov)

(Community School Districts 13, 14, 16, 19, 23, and 32)

Brooklyn II/Staten Island: (718) 714-0386 [vtammaro@schools.nyc.gov](mailto:vtammaro@schools.nyc.gov)

(Community School Districts 15, 17, 18, 20, 21, 22, and 31)

Queens: 718 391- 6883 [tcashin@schools.nyc.gov](mailto:tcashin@schools.nyc.gov)

Visit [www.opt-osfns.org/osfns](http://www.opt-osfns.org/osfns) for menus, nutritional guidelines, healthy snacks and other information.



Office of SchoolFood  
Eric Goldstein, Chief Executive Officer  
[egoldstein@schools.nyc.gov](mailto:egoldstein@schools.nyc.gov)  
44-36 Vernon Boulevard  
Long Island City, NY 11101  
Phone: 718 707-4300

# PARENT INFORMATION

