Special Needs Breakfast

AUGUST 2012

Daily: milk (1% low fat, and fat free) and cold cereals
Available daily upon request: 4 oz. fruit yogurt, honey graham crackers

Monday	Trayless Tuesday	Wednesday	Thursday	Friday
		1 100% Grape Juice Fluffy Pancakes Served with Syrup Home-style Grits	2 100% Apple Juice Fluffy Egg Omelet Soft Whole Wheat Bread Hot Oatmeal	3 100% Orange Juice Sunrise Banana Bread Assorted Fruit Yogurt Honey Graham Crackers
6 100% Orange Juice Whole Grain Apple Loaf Assorted Fruit Yogurt Honey Graham Crackers	7 100% Apple Juice Fluffy Cheese Omelet Soft Whole Wheat Bread Creamy Farina	8 100% Grape Juice Tasty Waffles served with syrup Home-style Grit	9 100% Apple Juice Fluffy Egg Omelet Soft Whole Wheat Bread Hot Oatmeal	10 100% Orange Juice Sunrise Carrot Bread Assorted Fruit Yogurt Honey Graham Crackers
13 100% Orange Juice Whole Grain Blueberry Loaf Assorted Fruit Yogurt Honey Graham Crackers	14 100% Apple Juice Fluffy Cheese Omelet Soft Whole Wheat Bread Creamy Farina	15 100% Grape Juice Fluffy Pancakes Served with Syrup Home-style Grits	16 100% Apple Juice Fluffy Egg Omelet Soft Whole Wheat Bread Hot Oatmeal	17 100% Orange Juice Sunrise Banana Bread Assorted Fruit Yogurt Honey Graham Crackers
20 100% Orange Juice Whole Grain Apple Loaf Assorted Fruit Yogurt Honey Graham Crackers	21 100% Apple Juice Fluffy Cheese Omelet Soft Whole Wheat Bread Creamy Farina	22 100% Grape Juice Tasty Waffles served with syrup Home-style Grit	23 100% Apple Juice Fluffy Egg Omelet Soft Whole Wheat Bread Hot Oatmeal	24 100% Orange Juice Sunrise Carrot Bread Assorted Fruit Yogurt Honey Graham Crackers
27 100% Orange Juice Whole Grain Blueberry Loaf Assorted Fruit Yogurt Honey Graham Crackers	28 100% Apple Juice Fluffy Cheese Omelet Soft Whole Wheat Bread Creamy Farina	29 100% Grape Juice Fluffy Pancakes Served with Syrup Home-style Grits	30 100% Apple Juice Fluffy Egg Omelet Soft Whole Wheat Bread Hot Oatmeal	31 100% Orange Juice Sunrise Banana Bread Assorted Fruit Yogurt Honey Graham Crackers

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Menu subject to change
SchoolFood proudly serves Pride of New York products