September 2012

SchoolFood FEED YOUR MIND

Monday	Tuesday	Wednesday	Thursday	Friday
3 **LABOR DAY** Whole Grain Apple Loaf Assorted Fruit Yogurts	4 **SANDWICH CREATIONS** Fluffy Cheese Omelet served with Salsa in a Whole Wheat Wrap	5 **BAGEL BONANZA** NY Style Bagels with Cream Cheese and Fruit Spreads Assorted Fruit Yogurts	6 **WELCOME BACK!** Home-style French Toast Warm Peach Topping Turkey Sausage Patty	7 **BAGEL BONANZA** NY Style Bagels with Cream Cheese and Fruit Spreads Assorted Fruit Yogurts
10 **FUEL UP THE WHOLE GRAIN WAY** Whole Wheat Turkey Sausage Roll	11 **SANDWICH CREATIONS** Egg Omelet with Melted Cheese in a NY Style Bagel	12 **POWER UP** Whole Grain Banana Loaf Mozzarella String Cheese	13 **RISE AND SHINE** Crispy Waffles Warm Peach Topping Turkey Canadian Bacon	14 **BAGEL BONANZA** NY Style Bagels with Cream Cheese and Fruit Spreads Assorted Fruit Yogurts
17 **ROSH HASHANAH** Whole Grain Blueberry Loaf Assorted Fruit Yogurts	18 **ROSH HASHANAH** Fluffy Cheese Omelet served with Salsa in a Whole Wheat Wrap	19 **BAGEL BONANZA** NY Style Bagels with Cream Cheese and Fruit Spreads Assorted Fruit Yogurts	20 **RISE AND SHINE** Home-style French Toast Warm Peach Topping Turkey Sausage Patty	21 **POWER UP** Savory Egg & Cheese Roll-Up
24 **FUEL UP THE WHOLE GRAIN WAY** Whole Wheat Turkey Sausage Roll	25 **SANDWICH CREATIONS** Fluffy Egg Omelet with Melted Cheese in a NY Style Bagel	26 **YOM KIPPUR** Sunrise Corn Bread Mozzarella String Cheese	27 **RISE AND SHINE** Crispy Waffles with Warm Syrup Turkey Canadian Bacon	28 **BAGEL BONANZA** NY Style Bagels with Cream Cheese and Fruit Spreads Assorted Fruit Yogurts

Offered Daily : Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, Assorted Cold Cereal, 100% Fruit Juice

Breakfast Menu

Department of Education

WHOLE GRAINS COUNCIL
Whole Grains at Every Meal