

Elementary Lunch

SEPTEMBER 2010

Monday	Tuesday	Wednesday	Thursday	Friday
30 Mozzarella Sticks served with Tomato Sauce Spinach with Sautéed Garlic	31 TRAYLESS TUESDAYS Hamburger or Cheeseburger on a small Whole Wheat Bun Wedge Cut Potatoes	1 CRUNCH with LUNCH Southwest Style Beef Baked! Tostitos® Scoops!® Confetti Corn Salad	2 Ham and Swiss Wrap served with lettuce, tomato and honey mustard dressing or jalapeño mayonnaise Healthy Coleslaw	3 New York City Pizza Slice SchoolFood Green Salad
6 LABOR DAY BBQ Chicken Patty on a small Whole Wheat Bun Steamed Broccoli	7 TRAYLESS TUESDAYS Toasted Cheese Sandwich Capri Vegetables	8 WELCOME BACK! Roasted Chicken with sauce choice Harvest Blend Rice Pilaf Broccoli Normandy	9 ROSH HASHANAH Fish and Cheese on a small Whole Wheat Bun with tartar sauce Stir Fry Vegetables	10 ROSH HASHANAH French Bread Pizza Very Vegetable Salad
13 Crispy Chicken Tenders served with dipping sauce Peas and Carrots	14 TRAYLESS TUESDAYS Hamburger or Vegetarian Patty on a small Whole Wheat Bun French Fries	15 Cheese Lasagna Roll-up served with Tomato Sauce Broccoli with Toasted Garlic	16 SALAD CREATIONS Turkey Chef Salad with Mixed Greens and dressing Frito-Lay® SunChips®	17 New York City Pizza Slice SchoolFood Green Salad
20 Mozzarella Sticks served with Tomato Sauce Steamed Broccoli	21 TRAYLESS TUESDAYS Crispy Chicken Tenders served with dipping sauce Stir Fry Vegetables	22 CRUNCH with LUNCH Southwest Style Beef Baked! Tostitos® Scoops!® Roasted Confetti Corn	23 BBQ Roasted Chicken Rachael Ray's Yum-O! Cheesy Mac and Trees Steamed Spinach	24 French Bread Pizza Very Vegetable Salad
27 Crispy Chicken Tenders served with dipping sauce Bean Trio Salad	28 TRAYLESS TUESDAYS Assorted Wrap Sandwiches with lettuce and tomato Carrot Sticks	29 Roasted Chicken Guisado Spanish Rice Braised Collards with Chick Peas Sweet Plantains	30 VIVA ITALIA! Whole Grain Pasta Choice Meatballs and Marinara Sauce Toasted Garlic Bread Capri Vegetables	



Daily: assorted milk, fruit, Peanut butter and jelly sandwiches, cheese sandwiches
 Dipping sauce choices: ketchup, mustard, duck, honey mustard, BBQ, tomato, tartar, salsa.
 ** SchoolFood proudly serves Pride of New York products.

Menu subject to change