Citywide Breakfast

Free breakfast for all students

FEBRUARY 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1 ***BAGEL BONANZA*** NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	2 ***RISE AND SHINE*** Tasty Waffles served with syrup Hot Cereal Choice	3 ***POWER UP*** Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
6 ***POWER UP*** Breakfast Sausage Roll Hot Cereal Choice	7 TRAYLESS TUESDAY ***SANDWICH CREATIONS*** ***The Morning Round*** Fluffy Egg Omelet with Turkey Canadian Bacon In a NY Style Bagel	8 ***BAGEL BONANZA*** Sunrise Carrot Bread Mozzarella String Cheese	9 ***RISE AND SHINE*** Fluffy Pancakes served with syrup Hot Cereal Choice	10 ***MUFFIN MANIA*** Assorted Baked Muffins served with Jelly
13 ***FUEL UP THE WHOLE GRAIN WAY*** Whole Grain Blueberry Loaf Hot Cereal Choice	14 TRAYLESS TUESDAY ***SANDWICH CREATIONS*** ***The Morning Round*** Fluffy Cheese Omelet in a Soft Whole Wheat Wrap Served with Salsa	15 ***BAGEL BONANZA*** NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	16 ***RISE AND SHINE*** Home-style French Toast Warm Peach Topping Hot Cereal Choice	17 ***POWER UP*** Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
20 ***MIDWINTER RECESS*** Country Corn Bread Hot Cereal Choice	21 TRAYLESS TUESDAY ***MIDWINTER RECESS*** Fluffy Egg Omelet with Turkey Canadian Bacon In a NY Style Bagel	22 ***MIDWINTER RECESS*** Whole Grain Apple Loaf Mozzarella String Cheese	23 ***MIDWINTER RECESS*** Tasty Waffles served with syrup Hot Cereal Choice	24 ***MIDWINTER RECESS*** Assorted Baked Muffins served with Jelly
27 ***POWER UP*** Breakfast Sausage Roll Hot Cereal Choice	28 TRAYLESS TUESDAY ***SANDWICH CREATIONS*** ***The Morning Round*** Fluffy Egg Omelet with Cheese in a Whole Wheat English Muffin	29 ***BAGEL BONANZA*** NY Style Bagels Cream Cheese and Spreads		

SchoolFood Feed your mind

WHOLE GRAIN

Offered Daily: assorted cold cereal, fruit choice or 100% fruit Juice, milk (1% low fat, and fat free)

Menu subject to change