LYFE Program Lunch

Available Upon Request: Toasted Cheese Sandwich
PLEASE NOTE: Whole Milk is available for youngsters over 12 months.
Formula is to be provided by the parent.

JUNE/JULY 2012

Italian Meat Topping 6/28
Soft Cooked Rotini
Steamed Fresh Broccoli Crowns
Applesauce

Roasted Turkey 6/29
Steamed Brown Rice
Sweet Ripe Plantains
Sliced Peaches

Monday	Tuesday	Wednesday	Thursday	Friday
2 Seasonal Fresh Fruit Tender Chicken Nuggets Steamed Brown Rice Sweet Ripe Plantains	3 Cheesy Lasagna Roll-up with Tomato Basil Sauce Steamed Fresh Broccoli Crowns Sliced Peaches	4 ***HAPPY FOURTH OF JULY!*** NO SERVICE PUBLICSCHOOLS Seasonal Fresh Fruit Savory Beef Ravioli French Cut Green Beans	5 Roasted Sliced Turkey Steamed Brown Rice Mashed Sweet Potatoes Applesauce	6 Italian Meat Topping Soft Cooked Rotini Steamed Fresh Broccoli Crowns Diced Pears
9 Seasonal Fresh Fruit Savory Fish Nuggets Soft Wheat Roll Sliced Carrots	10 Roasted Sliced Turkey Steamed Brown Rice Sweet Ripe Plantains Applesauce	11 Seasonal Fresh Fruit Tender Chicken Strips Soft Wheat Bread Steamed Fresh Broccoli Crowns	12 Cheesy Lasagna Roll-up with Tomato Basil Sauce Steamed Spinach Diced Pears	13 Tender Chicken Nuggets Steamed Brown Rice Steamed Fresh Broccoli Crowns Applesauce
16 Seasonal Fresh Fruit Italian Meat Topping Soft Cooked Rotini French Cut Green Beans	17 Roasted Sliced Turkey Steamed Brown Rice Sweet Ripe Plantains Applesauce	18 Seasonal Fresh Fruit Savory Fish Nuggets Soft Wheat Roll Sliced Carrots	19 Cheesy Lasagna Roll-up with Tomato Basil Sauce Steamed Spinach Diced Pears	20 Tender Chicken Strips Soft Wheat Bread Steamed Fresh Broccoli Crowns Sliced Peaches
23 Seasonal Fresh Fruit Italian Meat Topping Soft Cooked Rotini French Cut Green Beans	24 Roasted Sliced Turkey Steamed Brown Rice Mashed Sweet Potatoes Diced Pears	25 Seasonal Fresh Fruit Tender Chicken Nuggets Soft Wheat Bread Steamed Fresh Broccoli Crowns	26 Cheesy Lasagna Roll-up with Tomato Basil Sauce Steamed Spinach Apple Sauce	27 Savory Fish Nuggets Soft Wheat Roll Sliced Carrots Sliced Peaches
30 Seasonal Fresh Fruit Tender Chicken Strips Soft Wheat Bread Steamed Fresh Broccoli Crowns	31 Roasted Sliced Turkey Steamed Brown Rice Sweet Ripe Plantains Diced Pears			

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Menu subject to change
SchoolFood proudly serves Pride of New York products