

# JULY 2018: Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
2	3	INDEPENDENCE DAY 4	New York Thursday 5	6
Cinnamon Burst Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Turkey Sausage, Egg & Cheese on a Soft Roll	New York Bagel Sticks with Cream Cheese & Jelly	Apple Cinnamon Muffin  Back to the Roots®
Turkey Canadian Bacon  Back to the Roots®	Organic Stonyfield® Yogurt Served with Craisins & Granola	Land O'Lakes®	Beef Sausage & White Cheddar Sandwich	Cinnamon Clusters
Purple Corn Flakes	100% Fruit Juice	Cheddar Cheese Stick  100% Fruit Juice	Upstate Farms® Yogurt Choice	Land O'Lakes® Colby Cheese Stick
100% Fruit Juice Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh New York Apples	100% Fruit Juice Fresh Fruit
9	10	11	New York Thursday 12	13
Tasty Waffles Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Turkey Canadian Bacon, Egg & Cheese on an English Muffin	Honey Corn Muffin  Beef Sausage &	Assorted Muffins  Back to the Roots®
Turkey Sausage Patty	Organic Stonyfield® Yogurt Honey Roasted	Nature Valley™ Oats 'n	White Cheddar Sandwich	Purple Corn Flakes
Back to the Roots® Cinnamon Clusters	Sunflower Seeds  100% Fruit Juice	Honey Granola Bar  100% Fruit Juice	Yogurt Parfait	Land O'Lakes® Mozzarella Cheese Stick
100% Fruit Juice Fresh Fruit	Fresh Fruit	Fresh Fruit	New York Apple Slices	100% Fruit Juice Fresh Fruit
16	17	18	New York Thursday 19	20
Cinnamon Burst Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Turkey Sausage, Egg & Cheese	New York Bagel Sticks with Cream Cheese & Jelly	Apple Cinnamon Muffin
Turkey Canadian Bacon	Organic Stonyfield® Yogurt Served with	on a Soft Roll  Land O'Lakes®	Beef Sausage & White Cheddar Sandwich	Back to the Roots® Cinnamon Clusters
Back to the Roots® Purple Corn Flakes	Craisins & Granola  100% Fruit Juice	Cheddar Cheese Stick  100% Fruit Juice	Upstate Farms® Yogurt Choice	Land O'Lakes® Colby Cheese Stick
100% Fruit Juice Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh New York Apples	100% Fruit Juice Fresh Fruit
23	24	25	New York Thursday 26	27
Tasty Waffles	Whole Grain Bagel	Turkey Canadian Bacon,	Honey Corn Muffin	Assorted Muffins
Served with Syrup  Turkey Sausage Patty	with Cream Cheese & Jelly  Organic Stonyfield® Yogurt	Egg & Cheese on an English Muffin	Beef Sausage & White Cheddar Sandwich	Back to the Roots® Purple Corn Flakes
Back to the Roots® Cinnamon Clusters	Honey Roasted Sunflower Seeds	Nature Valley™ Oats 'n Honey Granola Bar	Yogurt Parfait	Land O'Lakes® Mozzarella Cheese Stick
100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	100% Fruit Juice Fresh Fruit	New York Apple Slices	100% Fruit Juice Fresh Fruit
30	31			
Cinnamon Burst Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly		OF OR	
Turkey Canadian Bacon	Organic Stonyfield® Yogurt Served with		A X	
Back to the Roots® Purple Corn Flakes	Craisins & Granola  100% Fruit Juice		WEW 10	
100% Fruit Juice Fresh Fruit	Fresh Fruit		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Milk		OFFERED DAILY	100% Fruit Juice	Cold Cereal Choices Frosted Mini Wheats

## <u>Milk</u>

1% Low-fat
Fat Free
Fat Free Chocolate

Grab and Go

**Breakfast Pack** 

### **Fresh Fruit**

<u>Canned Fruit</u> Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Breakfast Menu

### 100% Fruit Juice

Apple, Fruit Punch, Grape, Orange

Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots®
Organic Purple Corn Flakes
& Cinnamon Cluster





