



SEPTEMBER 2018: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
Labor Day 3		First Day of Classes 5	New York Thursday 6	
Baked Penne Personal Pizza Rounds Warm Breadstick Slow Roasted Carrots Frito-Lay® SunChips® Salad Bar Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers French Fries Hot Confetti Corn Salad Bar Burger Fixin's	Popcorn Chicken Served With Mac-n-Cheese Broccoli Trees Salad Bar Traditional	Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll Mozzarella Sticks Marinara Sauce New York Cookie Treat Fresh New York Apples Salad Bar New York Local	Classic Cheese Pizza Meat Lovers Pizza Fish & Cheese Sandwich Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings
Rosh Hashanah 10	Rosh Hashanah 11		New York Thursday 13	
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Personal Pizza Rounds Sweet Plantains Salad Bar Taco Station	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Bruschetta Tomato Salad French Fries Salad Bar Burger Fixin's	Crispy Chicken Waffle Sandwich served with syrup Home Fries Creamed Spinach Salad Bar Traditional	Jamaican Beef Patty Mozzarella Sticks Marinara Sauce Roasted Zucchini New York Chocolate Chip Cookie New York Apple Slices Salad Bar New York Local	Classic Cheese Pizza Ranch Chicken Pizza Fish & Cheese Sandwich Garlic Knot Marinara Sauce Marinated Bean Salad Salad Bar Pizza Toppings
		Yom Kippur 19	New York Thursday 20	
Grilled Cheese Personal Pizza Rounds Onion Rings Garlicky Green Beans Frito-Lay® SunChips® Salad Bar Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Sweet Potato Waffle Fries Salad Bar Burger Fixin's	Popcorn Chicken Garlic Toast Mashed Potatoes with Gravy Broccoli Trees New York Cookie Treat Salad Bar Traditional	Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Mozzarella Sticks Marinara Sauce Stewed Pinto Beans New York Apple Slices Salad Bar Taco Station	Classic Cheese Pizza Supreme Pizza Fish & Cheese Sandwich Garlic Knot Marinara Sauce Crispy Kale Chips Ranch Carrot Snacker Salad Bar Pizza Toppings
			New York Thursday 27	
Baked Penne Personal Pizza Rounds Warm Breadstick Slow Roasted Carrots Frito-Lay® SunChips® Salad Bar Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burgers French Fries Hot Confetti Corn Salad Bar Burger Fixin's	Popcorn Chicken Served With Mac-n-Cheese Broccoli Trees Salad Bar Traditional	Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll Mozzarella Sticks Marinara Sauce New York Cookie Treat Fresh New York Apples Salad Bar New York Local	Classic Cheese Pizza Meat Lovers Pizza Fish & Cheese Sandwich Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings
			<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	

OFFERED DAILY			
Entree Alternatives • PB&J Sandwich • Cheese Sandwich • Assorted Deli Sandwiches • Hummus Grab & Go • Grab and Go Salads Available on Tuesday & Thursday	Milk 1% Low-fat Fat Free Fat Free Chocolate Dipping Sauce Cups BBQ, Ranch, Honey Mustard	Fresh Fruit No Artificial flavors, colors, or sweeteners in all SchoolFood Products	Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese JHS Lunch Menu