

## OCTOBER 2018: Pre-K - 8 Lunch Menu

JUMPSTART MONDAY BURGER CHICKEN NEW YORK THURSDAY PIZZA			010. F1 <del>6-</del> K - 0	Lulicii Mellu	
Voggle Tacos A Stend of Vogges & Mexical Beans Served an a rarul Taco Stend Salad Bar Taco Station  Columbus Bay  French Fries Salad Bar Gartier Greenes  Child Cheese Onion Rings Caritety Green Beans Fried-Lyoy Sunchipe® Salad Bar Garten Greenes  100% Beef Hamburgers & Cheeseburgers Salad Bar Salad Bar Salad Bar Salad Bar Garten Greenes  100% Beef Hamburgers & Cheeseburgers Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar Garten Greenes  100% Beef Hamburgers & Cheeseburgers Child Cheese Slow Roasted Carcts Friot-Lyoy Sunchipe® Salad Bar Salad Bar Garten Greenes  100% Beef Hamburgers Sweet Potto Waffe Priza Salad Bar Salad Bar Carten Greenes  100% Beef New York Hamburgers & Cheeseburgers Sweet Potto Waffe Priza Salad Bar Carten Greenes  100% Beef New York Hamburgers & Cheeseburgers Sweet Potto Waffe Priza Salad Bar Carten Greenes  100% Beef New York Hamburgers & Cheeseburgers Sweet Potto Waffe Priza Salad Bar Carten Greenes  100% Beef New York Hamburgers & Cheeseburgers Sweet Potto Waffe Priza Salad Bar Carten Greenes  100% Beef New York Hamburgers & Cheeseburgers Salad Bar Traditional  100% Beef New York Hamburgers & Cheeseburgers Salad Bar Carten Greenes  100% Beef New York Hamburgers & Cheeseburgers Salad Bar Traditional  100% Beef New York Hamburgers & Cheeseburgers Acheever Priza Salad Bar Traditional  100% Beef New York Apples Silces Morrivar Salad Bar Traditional  100% Beef New York Hamburgers & Cheeseburgers Cheef Priza Salad Bar Traditional  100% Beef New York Hamburgers & Cheeseburgers Traditional  100% Beef New York Hamburgers & Hamburgers & Hamburgers & Hamburgers & Hamburgers & Hamburgers & Ha	Monday	Tuesday	Wednesday	Thursday	Friday
Veggle Tacos A Blend of Veggle & Choeseburgers Turkey Burgers Served in a later if road Bell Sweet Plantalins Saled Bar Tirac Basico Columbus Day 8  Ocitimo Griese Grilled Cheese Onion Rings Garlicky Graen Beans Frito-Lays Sunchipas Saled Bar Guiden Griese Saled Bar Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Carrion Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Slow Roased Carrots Frito-Lays Sunchipas Saled Bar Guiden Griese Saled	JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
Veggle Tacos A Band of Veggle & Moxicell Boneseburgers Amoxicell Boneseburgers Amoxicell Boneseburgers Amoxicell Boneseburgers Salad Bar Taco Siston  Columbus Day  S  Grilled Cheese Onion Rings Garlicky Green Beans Princ-Lay's Sunchipab Salad Bar Garden Greens  Tarkey Burgers  Amanus Salad Bar Tadional  Tarkey Burgers  Salad Bar Garden Greens  Tarkey Burgers  Amanus Salad Bar Tadional  Tarkey Burgers  Tarkey Burgers  Amanus Salad Bar Tardional  Tarkey Burgers  Salad Bar Garden Greens  Tarkey Burgers  Amanus Salad Bar Garden Greens  Tarkey Burgers  Carlick Cholese Columbus Tarkey Burgers  Tarkey Burgers  Carlick Cholese  Tarkey Burgers  Tarkey Chicken  Tarkey Burgers  Tarkey Burgers  Tarkey Burgers  Tarke	1	2	3	New York Thursday 4	5
Columbus Day 8 9 10 New York Cheal State Cheese Pizza Cheese Pizza Chippe Sard Bar Garden Greens Priot-Lay® Sunchips® Chiese Prior Salad Bar Garden Greens Priot-Lay® Sunchips® Cheese Pizza Cheese Pizza Cheese Pizza Cheese Pizza Cheese Pizza Chippe Salad Bar Garden Greens Priot-Lay® Sunchips® Cheese Pizza Cheese Pizza Cheese Pizza Cheese Pizza Cheese Pizza Chippe Cheese Chip Chips Cheese Pizza Chippe Cheese Chips Chips Chips® Cheese Pizza Chees	A Blend of Veggies &  Mexicali Beans Served in a Hard Taco Shell  Sweet Plantains  Salad Bar	Hamburgers & Cheeseburgers  Turkey Burgers  Bruschetta Tomato Salad  French Fries  Salad Bar	Waffle Sandwich  Home Fries  Creamed Spinach  Salad Bar	Fish & Cheese Sandwich  Roasted Zucchini  New York Chocolate Chip Cookie  New York Apple Slices	Ranch Chicken Pizza  Garlic Knot  Marinara Sauce  Marinated Bean Salad  Salad Bar
Grilled Cheese Onlion Rings Garlicky Green Beans Frito-Lays Sunchipse Salad Bar Garden Greens  15 15 16 17 New York Cookle Treat Salad Bar Garden Greens Slow Reacted Carrots Frito-Lays Sunchipse Salad Bar Garlic Roese Frito-Lays Sunchipse Salad Bar Garlien Greens  100% Beef New York Hamburgers & Cheeseburgers Frito-Lays Sunchipse Veggle Tacos A Bland of Veggles & Cheeseburgers Turkey Burgers Burger Fixin's  100% Beef Hamburgers Salad Bar Garlien Greens  100% Beef Hamburgers Salad Bar Garlien Greens  100% Beef Hamburgers Chili Cheese Frito-Lays Sunchipse Burger Fixin's Burger Fixin's  100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Burger Fixin's  100% Beef New York Hamburgers Salad Bar Taco Station Salad Bar Taco		· ·			
Grilled Cheese Onion Rings Garlicky Green Beans Frito-Lay® Sunchips® Holl Confetti Corn Slow Roasted Carrots Frito-Lay® Sunchips® Salad Bar Garden Greens  Frito-Lay® Sunchips® Salad Bar Garden Greens  Frito-Lay® Sunchips® Solow Roasted Carrots Frito-Lay® Sunchips® Salad Bar Garden Greens  Frito-Lay® Sunchips® Salad Bar Taco Station  Turkey Burgers Salad Bar Salad Bar Traditional  15 16 17 New York Thursday 18 19 19  16 17 New York Thursday 18 19  17 New York Thursday 18 19  18 New York Cookie Treat Salad Bar Taco Station Frito-Lay® Sunchips® Salad Bar Garden Greens  18 Salad Bar Traditional  19 New York Thursday 18 19  10 New York Thursda	Columbus Day 8	9	10	New York Thursday 11	12
15 16 17 New York Thursday 18 19  16 17 New York Thursday 18 19  17 New York Thursday 18 19  18 17 New York Thursday 18 19  18 17 New York Thursday 18 19  18 100% Beef New York Hamburgers & Cheeseburgers Pasta Choice  18 Served With Mac-n-Cheese  18 Frito-Lay® SunChips® Hot Confetti Corn  29 2 23 24 New York Cookie Treat Pizza Toppings  20 24 New York Cookie Treat Priza Toppings  21 100% Beef Hamburgers & Chilli Cheese Priza Traditional  22 23 24 New York Apples  23 24 New York Thursday 25 Salad Bar Fresh New York Apples  24 New York Thursday 25 Salad Bar Pizza Toppings  25 2 2 2 2 4 New York Thursday 25 Jamaican Beef Patty  26 Salad Bar Pizza Toppings  27 2 2 3 2 4 New York Thursday 25 Salad Bar Pizza Toppings  28 Cheeseburgers & Crispy Chicken Waffle Sandwich  29 Salad Bar Traditional  29 Salad Bar Burger Fixin's  29 30 Happy Halloween 31  29 30 Happy Halloween 31  29 Chicken Numptings Served with Veggies & Meat Lovers Pizza Gartie Knot Marinara Sauce  29 30 Happy Halloween 31  29 Chicken Numptings  20 Classic Cheese Pizza  21 Meat Lovers Pizza  22 A New York Cookie Treat  23 Salad Bar Traditional  24 New York Thursday 25 Salad Bar Salad Bar Traditional  25 Salad Bar New York Occolate Chip Cookie  26 Marinated Bean Salad  27 Salad Bar New York Apple Slices  28 Salad Bar New York Apple Slices  29 Salad Bar New York Apple Slices  20 New York Cookie Treat  29 Salad Bar New York Cookie Treat  20 Salad Bar New York Cookie Treat  21 Salad Bar New York Cookie Treat  22 Salad Bar New Yor	Onion Rings  Garlicky Green Beans  Frito-Lay® SunChips®  Salad Bar	& Cheeseburgers  Turkey Burgers  Sweet Potato Waffle Fries  Salad Bar	Garlic Toast  Mashed Potatoes with Gravy  Broccoli Trees New York Cookie Treat	Served with Baked! Tostitos® Scoops®  Stewed Pinto Beans  New York Apple Slices  Salad Bar	Supreme Pizza  Garlic Knot  Marinara Sauce  Crispy Kale Chips  Ranch Carrot Snacker
Mozzarella Sticks Marinara Sauce  Pasta Choice Pasta Choice Chili Cheese Fries Frito-Lay® Sunchips® Salad Bar Garden Greens  100% Beef New York Macan-Cheese Broccoil Trees Frito-Lay® Sunchips® Alend or Veggles & Mexit Cheese Pizza Meat Lovers Pizza Fresh New York Cookie Treat Roasted Chickpeas with Spinach Cliartor Pesto Salad Bar Tucal New York Spinach Cliartor Pesto Salad Bar Turkey Burgers Meat Lovers Pizza Fresh New York Apples Salad Bar Fresh New York Apples Salad Bar Traditional  New York Thursday Salad Bar Fresh New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie Marinated Bean Salad Salad Bar New York Chocolate Chip Cookie New	Garden Greens	g		raco Station	
Mozzarella Sticks Marinara Sauce Pasta Choice Pasta Choice Pasta Choice Cheeseburgers Slow Roasted Carrots Frito-Lay® Sunchips® Salad Bar Garden Greens Served With Mac-n-Cheese Broccoli Trees Salad Bar Traditional Salad Bar Burger Fixin's  22 23 24 New York Cookie Treat Fresh New York Apples Salad Bar Local New York Spinach Cilantro Pesto Salad Bar Pizza Toppings Classic Cheese Pizza Meat Lovers Pizza Meat Lovers Pizza Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings Classic Cheese Pizza Coatlew York Checken Marinara Sauce Crispy Chicken Waffle Sandwich Home Fries Bruschetta Tomato Salad French Fries Bruschetta Tomato Salad French Fries Salad Bar Traditional Burger Fixin's  29 30 Happy Halloween 31 30 Happy Halloween 31 30 Garlic Knot Marinara Sauce Mathabar Pizza Toppings Marinara Sauce Marinara Sauce Marinara Sauce Marinara Sauce Marinara Sauce Classic Cheese Pizza Classic Cheese Pizza Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Fish & Cheese Sandwich Roasted Zucchini New York Chocolate Chip Cookie New York Apple Silces New York Apple Silces Salad Bar New York Local  30 Happy Halloween 31 30 Alad Bar New York Cookie Treat Salad Bar Traditional Solve Roasted Carrots New York Cookie Treat Salad Bar Traditional Diox Beef New York Hamburgers & Chicken & Veggie Lo Mein Served with Vegetable Fried Rice A garlic Knot Marinara Sauce Marinara Sauce Classic Cheese Pizza Ranch Chicken Marinara Sauce Cheese Sandwich New York Apple Silces New York Local New York Local New York Local New York Local New York Cookie Treat New York Cookie Treat Salad Bar Traditional Diox Beef New York Naminara Sauce Chicken Sandw	15	16	17	New York Thursday 18	19
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains  Salad Bar Taco Station  Garilled Cheese Onion Rings Garlicky Green Beans Frito-Lay® SunChips®  Salad Bar Garden Greens  100% Beef Hamburgers & Cheeseburgers Turkey Burgers Bruschetta Tomato Salad French Fries Creamed Spinach Creamed Spinach Salad Bar Traditional  Salad Bar Traditional  Salad Bar Chicken Pizza Ranch Chicken Pizza R	Marinara Sauce  Pasta Choice  Slow Roasted Carrots  Frito-Lay® SunChips®  Salad Bar	Hamburgers & Cheeseburgers  Turkey Burgers  Chili Cheese Fries  Hot Confetti Corn  Salad Bar	Served With Mac-n-Cheese Broccoli Trees Salad Bar	Served with Vegetable Fried Rice & Egg Roll New York Cookie Treat Fresh New York Apples Salad Bar	Meat Lovers Pizza  Garlic Knot Marinara Sauce  Roasted Chickpeas with Spinach Cilantro Pesto  Salad Bar
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains  Served Plantains  Salad Bar Taco Station  Garilled Cheese Onion Rings Garlicky Green Beans Frito-Lay® SunChips®  French Fries  Salad Bar Garden Greens  Crispy Chicken Waffle Sandwich Roasted Zucchini New York Chocolate Chip Cookie Marinara Sauce Marinated Bean Salad Salad Bar Traditional  Salad Bar Traditional  100% Beef New York Hamburgers & Chicken & Veggie Lo Mein Slow Roasted Carrots New York Cookie Treat  Salad Bar Traditional  Classic Cheese Pizza Ranch Chicken Pizaa Ranch Chicken Pizza Ranch Chicken Pizza Ranch Chicken Pizza Ra	22	23	24	New York Thursday 25	26
Grilled Cheese Onion Rings  Garlicky Green Beans Frito-Lay® SunChips®  Salad Bar Garden Greens  Turkey Burger Fixin's  French Fries  Salad Bar Garden Greens  Solom Roasted Carrots New York Cookie Treat  Salad Bar Traditional  Salad Bar Traditional  Chicken & Veggie Lo Mein  Slow Roasted Carrots New York Cookie Treat  Salad Bar Traditional  OFFERED DAILY	A Blend of Veggies &  Mexicali Beans Served in a Hard Taco Shell  Sweet Plantains  Salad Bar	& Cheeseburgers  Turkey Burgers  Bruschetta Tomato Salad  French Fries  Salad Bar	Waffle Sandwich  Home Fries  Creamed Spinach  Salad Bar	Fish & Cheese Sandwich  Roasted Zucchini  New York Chocolate Chip Cookie  New York Apple Slices  Salad Bar	Ranch Chicken Pizza  Garlic Knot  Marinara Sauce  Marinated Bean Salad  Salad Bar
Grilled Cheese Onion Rings Garlicky Green Beans Frito-Lay® SunChips®  Salad Bar Garden Greens  100% Beef New York Hamburgers & Chicken & Veggie Lo Mein Slow Roasted Carrots New York Cookie Treat  Salad Bar Traditional  Salad Bar Traditional  Salad Bar Traditional  OFFERED DAILY	29	30	Happy Halloween 31		
en de la companya de	Grilled Cheese  Onion Rings  Garlicky Green Beans  Frito-Lay® SunChips®  Salad Bar	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers French Fries Salad Bar	Chicken & Veggie Lo Mein  Slow Roasted Carrots  New York Cookie Treat  Salad Bar  Traditional	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &	
	Entree Alternatives	Milk	OFFERED DAILY	Dressings	Flavor Station

## Entree Alternatives PB&J Sandwich

- Cheese Sandwich
- **Assorted Deli Sandwiches**
- Hummus Grab & Go

 Grab and Go Salads Available on Tuesday & Thursday

### Milk

1% Low-fat Fat Free **Fat Free Chocolate** 

**Dipping Sauce Cups** BBQ, Ranch, Honey Mustard

## **Fresh Fruit**

No Artificial flavors, colors, or sweeteners in all **SchoolFood Products** 

# <u>Dressings</u> Chipotle Ranch

**Balsamic Vinaigrette** Ranch **Asian Sesame Honey Mustard** Caesar French **Italian Vinaigrette** 

#### Flavor Station **Granulated Garlic Red Pepper Flakes**

Pre-K - 8 Lunch Menu

**Parmesan Cheese** 

#### **ATTENTION:**

All Pre-K Students CANNOT be Offered CHOCOLATE MILK





