

## FEBRUARY 2020: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
3	4	5	6	7
(V) Vegetarian Chili Served with Rice  Roasted Zucchini  Salad Bar Taco Bar Featuring Salsa	Mashed Potato Chicken Bowl Buttermilk Biscuit Assorted Grab-n-Go Salads Salad Bar Traditional	Hamburgers & Cheeseburgers Served on Ciabatta Bread  Turkey Burgers  Baked French Fries  Salad Bar  Burger/Sandwich Fixin's Featuring Carrot Snackers	Chicken Dumplings  Vegetable Rice  Teriyaki Green Beans  Fresh New York Apples  Assorted Grab-n-Go Salads  Salad Bar  Local New York	(V) !!! PIZZA !!!  Assorted Toppings  Zucchini Parmigiana Sandwich  Green Garden Salad  Salad Bar  Pizza Toppings Featuring Chickpea Salad
10	11	12	13	14
(V) !!! PIZZA !!!  Assorted Toppings  Baked Broccoli  Salad Bar  Pizza Toppings	Roasted Chicken Thighs  Sweet Plantains  Warm New York Dinner Roll  Assorted Grab-n-Go Salads  Salad Bar  Traditional Featuring Cilantro Healthy Coleslaw	Hot Turkey Sandwiches on Ciabatta  Roasted Zucchini  Apple Bake  Salad Bar  Traditional Featuring Carrot Snackers	Jamaican Beef Patty  Seasoned Roasted Potato Wedges  Cheese Quesadilla  New York Cookie Treat  Fresh New York Apples  Salad Bar New York Local	(V) Veggie Tacos A Blend of Veggies & Mexicali Beans With Baked! Tostitos® Scoops®  Salad Bar Garden Greens Featuring Three Bean Salad
Midwinter Recess 17	Midwinter Recess 18	Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21
BRUNCH (V) English Muffin Egg Sandwich Offered with or without cheese Home Fries Southwest Burrito Served with Salsa Cup Baked! Tostitos® Scoops® Salad Bar Garden Greens	Roasted Chicken  Honey Corn Muffin  Baked Sweet Potato Waffle Fries  Assorted Grab-n-Go Salads  Salad Bar  Traditional	Sweet & Sour Chicken Bowl Served with Vegetable Rice Garlicky Green Beans Salad Bar Garden Greens	New York Beef Hamburgers & Cheeseburgers  Baked New York French Fries  Assorted Grab-n-Go Salads  Fresh New York Apples Salad Bar  Burger/Sandwich Fixin's	(V) !!! PIZZA !!!  Assorted Toppings  Green Garden Salad  Salad Bar  Pizza Toppings  Featuring  Balsamic Chickpea Salad
24	25	26	27	28
(V) Vegetarian Chili Served with Rice  Confetti Corn  Salad Bar Taco Bar Featuring Salsa	Mashed Potato Chicken Bowl Buttermilk Biscuit Assorted Grab-n-Go Salads Salad Bar Traditional	Hamburgers & Cheeseburgers Served on Ciabatta Bread  Fish & Cheese Sandwich  Baked French Fries  Salad Bar  Burger/Sandwich Fixin's Featuring Carrot Snackers	Chicken Dumplings  Vegetable Rice  Teriyaki Green Beans  Fresh New York Apples  Assorted Grab-n-Go Salads  Salad Bar  Local New York	(V) !!! PIZZA !!!  Assorted Toppings  Tuna Fish Sandwich  Green Garden Salad  Salad Bar  Pizza Toppings Featuring Chickpea Salad
Fresh Fruit	Milk*	OFFERED DAILY	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN	Daily Lunch Specials  • (V) Peanut Butter & Jelly* • (V) Cheese Sandwich • (V) Hummus Grab & Go • (V) Cheese & Tomato with Fresh Fruit Grab & Go • Tuna or Turkey Sandwich (Not available on Monday)

#### Fresh Fruit

Assorted Grab-n-Go Salads

Asian Sesame Chicken Salad Chicken Caesar Salad Chopped Salad Italian Veggie Salad

# Milk\* 1% Low-fat Fat Free Whole Milk

\*Alternative options are available upon request

(V) Indicates Vegetarian

No Artificial flavors, colors, or sweeteners in all OFNS Products

### **Homemade Dressings**

Balsamic Vinaigrette Caesar Italian Vinaigrette

### Flavor Station

Granulated Garlic Red Pepper Flakes Parmesan Cheese

Pre-K - 8 Alternative Lunch Menu





