



OCTOBER 2018: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
1	2	3	New York Thursday 4	5
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains <i>Salad Bar</i> Taco Station	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Bruschetta Tomato Salad French Fries <i>Salad Bar</i> Burger Fixin's	Crispy Chicken Waffle Sandwich Home Fries Creamed Spinach <i>Salad Bar</i> Traditional	Jamaican Beef Patty Fish & Cheese Sandwich Roasted Zucchini New York Chocolate Chip Cookie New York Apple Slices <i>Salad Bar</i> New York Local	Classic Cheese Pizza Ranch Chicken Pizza Garlic Knot Marinara Sauce Marinated Bean Salad <i>Salad Bar</i> Pizza Toppings
Columbus Day 8	9	10	New York Thursday 11	12
Grilled Cheese Onion Rings Garlicky Green Beans Frito-Lay® SunChips® <i>Salad Bar</i> Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Sweet Potato Waffle Fries <i>Salad Bar</i> Burger Fixin's	Popcorn Chicken Garlic Toast Mashed Potatoes with Gravy Broccoli Trees New York Cookie Treat <i>Salad Bar</i> Traditional	Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Stewed Pinto Beans New York Apple Slices <i>Salad Bar</i> Taco Station	Classic Cheese Pizza Supreme Pizza Garlic Knot Marinara Sauce Crispy Kale Chips Ranch Carrot Snacker <i>Salad Bar</i> Pizza Toppings
15	16	17	New York Thursday 18	19
Mozzarella Sticks Marinara Sauce Pasta Choice Slow Roasted Carrots Frito-Lay® SunChips® <i>Salad Bar</i> Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Chili Cheese Fries Hot Confetti Corn <i>Salad Bar</i> Burger Fixin's	Popcorn Chicken Served With Mac-n-Cheese Broccoli Trees <i>Salad Bar</i> Traditional	Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> Local New York	Classic Cheese Pizza Meat Lovers Pizza Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto <i>Salad Bar</i> Pizza Toppings
22	23	24	New York Thursday 25	26
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains <i>Salad Bar</i> Taco Station	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Bruschetta Tomato Salad French Fries <i>Salad Bar</i> Burger Fixin's	Crispy Chicken Waffle Sandwich Home Fries Creamed Spinach <i>Salad Bar</i> Traditional	Jamaican Beef Patty Fish & Cheese Sandwich Roasted Zucchini New York Chocolate Chip Cookie New York Apple Slices <i>Salad Bar</i> New York Local	Classic Cheese Pizza Ranch Chicken Pizza Garlic Knot Marinara Sauce Marinated Bean Salad <i>Salad Bar</i> Pizza Toppings
29	30	Happy Halloween 31		
Grilled Cheese Onion Rings Garlicky Green Beans Frito-Lay® SunChips® <i>Salad Bar</i> Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers French Fries <i>Salad Bar</i> Burger Fixin's	Chicken & Veggie Lo Mein Slow Roasted Carrots New York Cookie Treat <i>Salad Bar</i> Traditional	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Assorted Deli Sandwiches
- Hummus Grab & Go
- Grab and Go Salads Available on Tuesday & Thursday

Milk

- 1% Low-fat Fat Free
- Fat Free Chocolate

Dipping Sauce Cups

- BBQ, Ranch, Honey Mustard

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

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ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK



SchoolFood
FEED YOUR MIND



Department of
Education



**MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD MENUS ARE PORK FREE**