

MARCH 2019: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CULINARY	NEW YORK THURSDAY	PIZZA
JUMPSTART MONDAY Daily Lunch Specials PB&J Sandwich Cheese Sandwich Assorted Deli Sandwiches (Not available on Monday) Hummus Grab & Go Cheese & Tomato with Fresh Fruit Grab & Go Every Tuesday & Thursday Grab & Go Salad Vegetarian Chili Served with Rice Garlicky Green Beans Salad Bar Taco Station	BURGER 5 New York Beef Hamburgers & Cheeseburgers Turkey Burgers Marinated Potato Salad Salad Bar	Ash Wednesday 6 Zucchini Parmigiana Served with Pasta Marinara Brown Sugar Carrots Salad Bar	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN New York Thursday 7 Spinach & Mozzarella Quesadilla Served with Salsa Stewed Pinto Beans Hot Confetti Corn New York Cookie Treat	Classic Cheese Pizza Margherita Pizza Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings 8 Classic Cheese Pizza Sausage, Onion & Pepper Pizza Green Garden Salad Salad Bar
	Burger Fixin's	Traditional	Salad Bar Taco Station	Pizza Toppings
11	12	13	New York Thursday 14	15
Homemade Grilled Cheese BBQ Beans Salad Bar Garden Greens	BBQ Bacon Burgers Turkey Burgers Honey Butternut Squash Seasoned Potato Wedge Salad Bar Burger Fixin's	Roasted Chickpea Tagine Served with Rice Broccoli with Garlic & Oil Salad Bar Traditional	Chicken Dumplings Served with Vegetable Fried Rice Braised Red Cabbage New York Cookie Treat Fresh New York Apples Salad Bar New York Local	Classic Cheese Pizza Vegetable Pizza Corn, Peas & Carrots Salad Bar Pizza Toppings
18	19	20	New York Thursday 21	22
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell	New York Beef Hamburgers & Cheeseburgers Turkey Burger with Salsa & Monterey Jack Cheese	Hot Sliced Turkey with Gravy Mashed Potatoes	Pasta Fagioli Served with Whole Grain Pasta Roasted Zucchini	Classic Cheese Pizza Margherita Pizza
Sweet Plantains Salad Bar	Bruschetta Tomato Salad	Callaloo Spinach Toasted Garlic Bread	New York Cookie Treat New York Apple Slices	Roasted Chickpeas with Spinach Cilantro Pesto
Taco Station	New York French Fries Salad Bar Burger Fixin's	Salad Bar Garden Greens	Salad Bar New York Local	Pizza Toppings
25	26	27	New York Thursday 28	29
Vegetarian Chili Served with Rice Garlicky Green Beans Salad Bar Taco Station	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Marinated Potato Salad Salad Bar Burger Fixin's	Zucchini Parmigiana Served with Pasta Marinara Brown Sugar Carrots Salad Bar Traditional	Spinach & Mozzarella Quesadilla Served with Salsa Stewed Pinto Beans Hot Confetti Corn New York Cookie Treat Salad Bar Taco Station	Classic Cheese Pizza Sausage, Onion & Pepper Pizza Green Garden Salad Salad Bar Pizza Toppings
		OFFERED DAILY		
	<u>Milk</u>		Homemade Dressings	Flavor Station

No Artificial flavors, colors, or sweeteners in all

SchoolFood Products

Fresh Fruit

Milk 1% Low-fat Fat Free **Fat Free Chocolate**

Balsamic Vinaigrette Caesar Italian Vinaigrette

Flavor Station

Granulated Garlic Red Pepper Flakes Parmesan Cheese

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