

FFRRI	JΔ	RY 2020-	Pre-K - 8	Lunch Menu

FEBRUARY 2020: Pre-K - 8 Lunch Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA	
3	4	5	6	7	
(V) Cheesy Garlic Bread with Marinara Dipping Sauce Baked Broccoli Salad Bar Garden Greens	Mashed Potato Chicken Bowl Buttermilk Biscuit Assorted Grab-n-Go Salads Salad Bar Traditional Featuring Cilantro Healthy Coleslaw	Hamburgers & Cheeseburgers Served on Ciabatta Bread Turkey Burgers Baked French Fries Salad Bar Burger/Sandwich Fixin's Featuring Carrot Snackers	Chicken Dumplings Vegetable Rice Teriyaki Green Beans Fresh New York Apples Assorted Grab-n-Go Salads Salad Bar New York Local	(V) !!! PIZZA !!! Assorted Toppings Green Garden Salad Salad Bar Pizza Toppings Featuring Chickpea Salad	
10	11	12	13	14	
(V) Baked Mozzarella Sticks with Marinara Dipping Sauce Creamed Spinach Salad Bar Garden Greens	Roasted Chicken Mac-n-Cheese Warm Dinner Roll Curried Cauliflower Assorted Grab-n-Go Salads Salad Bar Traditional	Hot Turkey Sandwiches on Ciabatta Baked Sweet Potato Waffle Fries Rold Gold® Heartzels Apple Bake Salad Bar Traditional	Jamaican Beef Patty Seasoned Roasted Potato Wedges New York Cookie Treat Fresh New York Apples Assorted Grab-n-Go Salads Salad Bar New York Local	(V) !!! PIZZA !!! Assorted Toppings Cucumber Salad Salad Bar Pizza Toppings Featuring Chickpea Salad	
Midwinter Recess 17	Midwinter Recess 18	Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21	
BRUNCH (V) English Muffin Egg Sandwich Offered with or without cheese Home Fries Southwest Burrito Served with Salsa Cup Baked! Tostitos® Scoops® Salad Bar Garden Greens	Baked Chicken Tenders With Dipping Sauce Corn, Peas & Carrots Garlic Knot Assorted Grab-n-Go Salads Salad Bar Traditional	Sweet and Sour Chicken Bowl with Vegetable Rice Garlicky Green Beans Salad Bar Garden Greens Featuring Carrot Snackers	New York Beef Hamburgers & Cheeseburgers Fish & Cheese Sandwich Baked New York French Fries Fresh New York Apples Assorted Grab-n-Go Salads Salad Bar Burger/Sandwich Fixin's	(V) !!! PIZZA !!! Assorted Toppings Green Garden Salad Salad Bar Pizza Toppings Featuring Balsamic Chickpea Salad	
24	25	26	27	28	
(V) Cheesy Garlic Bread with Marinara Dipping Sauce Baked Broccoli New York Cookie Treat Salad Bar Garden Greens	Mashed Potato Chicken Bowl Buttermilk Biscuit Assorted Grab-n-Go Salads Salad Bar Traditional	Hamburgers & Cheeseburgers Served on Ciabatta Bread Fish & Cheese Sandwich Baked French Fries Salad Bar Burger/Sandwich Fixin's Featuring Carrot Snackers	Chicken Dumplings Vegetable Rice Teriyaki Green Beans Fresh New York Apples Assorted Grab-n-Go Salads Salad Bar New York Local	(V) !!! PIZZA !!! Assorted Toppings Tuna Fish Sandwich Green Garden Salad Apple Bake Salad Bar Pizza Toppings Featuring Chickpea Salad	
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			EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN	Daily Lunch Specials • (V) Peanut Butter & Jelly* • (V) Cheese Sandwich • (V) Hummus Grab & Go • Tuna or Turkey Sandwich (Not available on Monday)	

OFFERED DAILY

Milk* 1% Low-fat Fat Free Whole Milk

*Alternative options are available upon request

Dipping Sauce Cups BBQ, Ranch, Honey Mustard

(V) Indicates Vegetarian

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all
OFNS Products

<u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar

French

Italian Vinaigrette

Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese

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ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN





