

APRIL 2024: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Easter Weekend 1	2	3	4	5
Honey Corn Breakfast Bread (V)  Cheddar Cheese Stick (V)  Seasonal Fresh Fruit (VE)	Honey Cheerios (V)  Honey Graham Cracker (V) or Animal Crackers (V)  Applesauce (VE)	Yogurt Choice (V)  Assorted Granola (V)  Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V)  Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)
8	9	Eid al Fitr 10	11	12
Scooters (V)  Blueberry Granola (V)  Strawberry Banana Apple Sauce (VE)	Banana Muffin (V)  Colby Cheese Stick (V)  Seasonal Fresh Fruit (VE)	Yogurt Choice (V)  Assorted Granola (V)  Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V)  Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)
15	16	17	18	19
Frosted Mini Wheats  Blueberry Granola (V)  Plain or Strawberry Banana Apple Sauce (VE)	Blueberry Muffin (V)  Cheddar Cheese Stick (V)  Seasonal Fresh Fruit (VE)	Cinnamon Burst Pancakes (V)  Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V)  Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)
Spring Recess 22	Spring Recess 23	Spring Recess 24	Spring Recess 25	Spring Recess 26
Honey Cheerios (V)  Honey Graham Cracker (V) or Animal Crackers (V)  Applesauce (VE)	Honey Corn Breakfast Bread (V)  Cheddar Cheese Stick (V)  Seasonal Fresh Fruit (VE)	Yogurt Choice (V)  Assorted Granola (V)  Seasonal Fresh Fruit (VE)	Zucchini Carrot Breakfast Bread (V)  Seasonal Fresh Fruit (VE)	Whole Grain NY Bagel (VE) served with Cream Cheese (V) & Jelly (VE)  Seasonal Fresh Fruit (VE)
Spring Recess 29	Spring Recess 30			
Scooters (V)  Blueberry Granola (V)  Strawberry Banana Apple Sauce (VE)	Banana Muffin (V)  Colby Cheese Stick (V)  Seasonal Fresh Fruit (VE)		  WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)


Options may vary by location

**Cold Cereal Choices**  
Shredded Wheat  
Multi-Grain Oats (VE)  
Toasted Oats (VE)  
Oat Circles (VE)  
Cinnamon Flakes (VE)

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Oranges, Mandarins, Pears, Bananas, and Strawberries (VE)

**Condiments**  
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



**ATTENTION:**

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products