



JULY 2024: Summer Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	Independence Day 4	5
<div>Blueberry Breakfast Bread (V)</div> <div>Cheese Stick Choice (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Buttermilk Pancakes (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Whole Grain Croissant (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE)</div> <div>served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
8	9	10	11	12
<div>Apple Cinnamon Breakfast Bread (V)</div> <div>Cheese Stick Choice (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>French Toast Sticks (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Buttermilk Biscuit (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Cinnamon Burst Pancakes (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE)</div> <div>served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
15	16	17	18	19
<div>Blueberry Breakfast Bread (V)</div> <div>Cheese Stick Choice (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Buttermilk Pancakes (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Whole Grain Croissant (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Rise and Shine Waffles (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE)</div> <div>served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
22	23	24	25	26
<div>Apple Cinnamon Breakfast Bread (V)</div> <div>Cheese Stick Choice (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>French Toast Sticks (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Buttermilk Biscuit (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Cinnamon Burst Pancakes (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Assorted Fresh NY Bagels (VE)</div> <div>served with Cream Cheese (V) & Jelly (VE)</div> <div>Seasonal Fresh Fruit (VE)</div>
29	30	31		
<div>Blueberry Breakfast Bread (V)</div> <div>Cheese Stick Choice (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Buttermilk Pancakes (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div>Egg and Cheese on a Whole Grain Croissant (V)</div> <div>Seasonal Fresh Fruit (VE)</div>	<div></div> <div>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</div>	<div>Fresh New York Bagel Assortment</div> <div>Cinnamon Raisin (VE)</div> <div>Plain (VE)</div>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

**Options may vary
by location**

Cold Cereal Choices

Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)
Oat Circles (VE)
Cinnamon Flakes (VE)

Seasonal Fresh Fruit
Apples, Apple Slices,
Blueberries, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Nectarines,
Oranges, Peaches,
Pears, Plums, Bananas,
Watermelon, and
Strawberries (VE)

Condiments
Syrup (VE)

**OFNS has an extensive
Prohibitive Ingredients List
available at:**



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegan Item (VE): A plant-based food that consist of whole grains, vegetables, legumes, nuts, and/or fruit; and excludes any eggs, dairy and animal products. Vegan also excludes honey
- Vegetarian Item (V): A food that consist of whole grains, vegetables, legumes, nuts, fruit, eggs and/or dairy; excludes animal products